

Content of Value Education

Value education is the understanding of fundamental values. It covers following types of values in life. They are as follows:-

- **Love:-** The first of the most important values in life is love. It is an important personal value to open your mind to the concept of love. Love is the bringer of compassion. Once we are led by compassion, we see the best in ourselves.
- **Understanding:-** This is the second important value in life. If we are ready to understand and accept people and circumstances for what they are, we can gain control over it. One must understand and appreciate the efforts done by others rather than questioning them.
- **Respect:-** Respect is the only way we can adopt the best of all around us, making us a better person every day, every moment. A very important fact about respect is that the more we give, the more we earn. It is in fact the most important values in society.
- **Discipline:-** The fourth, of the important values in life is discipline. A disciplined and responsible person will respect his as well as other's time. As such, he will always be punctual.
- **Honesty:-** Honesty is admitting to ourselves that we are not perfect. It means quidding to make a mistake. An honest person always try not to commit mistakes, but if he commits he not only admit it, but accept the consequences also. All the other values need to be accepted with honesty.

Apart from this, the content of value education realize us our work, thought, behavior and obviously our self-realization. What is the procedure of our work, how can we estimate that, what will be our action on that and after completing each and every work we definitely realize what we get.

It also covers the levels of unit. There are four units in this world.

1. Individual
2. Family
3. Society
4. Rest of nature.

If one ask what is the value of the human being,or what is the participation of human being in this larger order? The larger order includes human beings,plants,air,water,soil,animals,birdsetc.Here we need to concentrate over this, what is the role of human being in this existence to add a connection on this existing things and how can he maintain relationship with each and every unit in this existence. Therefore the content of value education always focus right understanding with harmony at various level which can reproduce by one's thought, activities, work and awareness.

Reference Books:

1. Srivastava,Smriti; *Human Values and Professional Ethics*; S.K.Kataria& Son Books, New Delhi;2010-11
2. Gupta,Y.K.; *A foundational course in Human Values and Professional Ethics*;Shubham Publications, New Delhi; 2010